



KOSMODERMA ACADEMY  
OF AESTHETIC MEDICINE



## AESTHETIC MEDICINE / COSMETOLOGY COURSE FOR COSMETOLOGISTS

Eligibility: Registered Medical Practitioners Only

PROMISING FUTURE AHEAD



“Discover seamless  
career opportunities,  
build entrepreneurial  
ventures and become  
signature personalities  
in the aesthetic industry.”

## **CURRICULUM**

Kosmoderma Academy of Aesthetic Medicine constantly keeps pace with the emerging trends, innovations and the changing requirements of the industry. Kosmoderma Academy of Aesthetic Medicine reserves the right to update its curriculum as deemed fit from time to time

# MODULES

Aesthetic Medicine/ Cosmetology course for Cosmetologists

Eligibility: Registered Medical Practitioners Only

Course Duration: 45 Days

## Modules 1

### Skin Anatomy & Physiology

#### Common Aesthetic Skin conditions

#### Skin conditioning

- Indications And Contraindications
- Side Effects
- Results
- Skin Regimen

#### Chemical peeling and Microdermabrasion

- Indication & Client selection
- Post Procedure Care
- Live Demo & Hands-on

#### Acne/Pigmentation and Management

- Contraindications
- Peeling Chemistry
- Complications
- Glycolic Peel
- Salicylic Peel
- Retinol Peel
- Designer Peel
- Blackpeel
- TCA Peel
- Microdermabrasion
- Jetpeel
- Hydra Infusion
- Live Demo & Hands-on

#### Introduction to Physics of LASER

- Recent Advancement of Laser in AM
- Types of Lasers
- Laser Safety
- Indications And Contraindications

#### Laser Hair Removal

- Post Procedure Care
- Live Demo & Hands-on

#### Skin Brightening

- Q-switched Nd:YAG Lasers
- Glutathione
- Live Demo & Hands-on

#### Scar Management

- Scar Lasers-MNRF/Ipixel/Erbium YAG/Fractional Co2
- TCA Cross and Subcision
- PRP (Skin)
- Post Procedure Care
- Live Demo & Hands-on

#### Skin Tightening

- RF- Multipolar RF
- RF- Monopolar RF

- Live Demo & Hands-on

#### Advanced Skin Tightening

- HIFU
- Ultherapy

#### Modified procedures (Hands-on)

- Hydrafacials
- Medifacials
- Carbon peel etc.

#### Hair

- Indications & Client Selection
- Contraindications
- Complications
- PRP (Hair)
- DR+Growth Factor
- Post Procedure Care
- Live Demo & Hands-on

#### Botox

- Anatomy of Lines and Wrinkles
- Introduction to Botox
- Mechanism of Action
- Formulations, Reconstructions, and Storage
- Indications and Contraindications
- Client Selection & Injection Techniques
- Post Procedure Care

#### Fillers

- Introduction to Fillers
- Types of Fillers (Dermal and Hydra)
- Indications And Contraindications
- Client and Product selection
- Post Procedure Care

#### Advanced Spot Reduction

- Cryolipolysis

#### Pharmacology

- Criteria to Select/Prescribe Medication

## Modules 2

### Consult Skills

- How to Consult

### Communication and Soft Skills

- Grooming
- Hygiene
- Client Handling and Softskills
- Emergency Situation Handling

### Office Management

- Aesthetic Clinic Framework and Management

### Observership

- Live Clinic Visits

### Our Courses

- Aesthetic Medicine / Cosmetology Course for Dermatologists
- Aesthetic Medicine / Cosmetology Course for Cosmetologists
- Basic & Advance Course for Medical Aesthetic Nurses
- Basic & Advance Course for Medical Aesthetician
- Micro-pigmentation / Microblading
- Chemical Peeling
- Scar Treatment and Management
- Pigmentation and Skin Lightening Treatment & Management



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